

REFLECTION / PRAYER

The church is asking you to be attentive to the weak and the vulnerable, those in whom Jesus Christ rejoices because they see what has been hidden to the clever and the capable (cf Mt. 11:25). Never forget this criteria, it is the most precious, the most certain, the most concrete criteria which will help you to recognise what Christ expects from you. . . The direction is clear: live poorly as Christ did, live with the poor in order to live with Christ. The renewal of the church always comes as we dare to live a covenant with the poor.

Cited in Jean Vanier, **Befriending the Stranger**, at p. viii. Compassion is the way to unity in the church and among peoples, the way of holiness.

If you send out goodness from yourself, or if you share that which is happy or good within you, it will all come back to you multiplied ten thousand times. In the kingdom of love there is no competition; there is no possessiveness or control. The more love you give away, the more love you will have.

John O'Donohue, Anam Cara: A Book of Celtic Wisdom

Lord, why is it so hard to love? Love is mentioned so much in the Bible that it makes me wonder why we don't get it. It seems that we do a good job of talking love and a poor job of doing love. We can point out where there is no love, but it is sure hard to bring love to where it is needed.

Jesus, fill me with your love to share with others. The kind of love that changes people forever. The kind of love that breaks down barriers and overcomes fears. The love that gives without counting the costs. Amen.

The Catholic Youth Bible, International Edition